



Rumour has it that runners occasionally get injured. You'll get lots of free advice on the forum, but for those occasions when a professional consult is required then pop into The Melbourne Sports Medicine Centre, Level 4, 250 Collins Street, Melbourne. These guys have been looking after many Milers for many years. When it comes time to pay, mention to the receptionist that you are a Melbourne Midday Miler member and you'll receive a 10% discount. The discount is currently offered by the following practitioners:

Sports and General Medicine	Dr David Velten (himself a Miler member)
Physiotherapy	Roger Moore, Gordon McDonald, Simon Nelson, Lisa McCabe, Mick Hughes
Podiatry	Chris Petropoulos
Nutrition & Dietetics	Yuan Liu
Massage	Leon Adkins, Melinda Atkinson, Leah Rampling

Bookings can be made online at www.melbsportsmed.com.au or call 9650 9372.